



Students attending middle schools in the Bellingham School District have the privilege and opportunity to participate in a quality athletic program. Below you will find our middle school sports offerings with registration and season dates. Please complete the Skyward Family Access online registration process, sports physical requirements and one time ASB (Associated Student Body) card payment of \$10 on or before the registration deadline to help us ensure adequate coach to student athlete ratios. Registration directions and sports clinic information can be found on the reverse side.

6th Grade Sports Offerings

Fall Season Dates: Sept. 5th-Oct. 27th

Register by Aug. 28th for:

- Track
- Boys Soccer
- Girls Soccer

Pre-Winter Season Dates: Nov. 6th-Jan. 19th

Register by Oct. 30th for:

- Floor Exercise & Dance (mornings)

Winter Season Dates: Jan. 29th-Mar. 23rd

Register by Jan. 22nd for:

- Wrestling

Spring Season Dates: Apr. 9th-May 30th

Register by Mar. 26th for:

- Cross Country

7th and 8th Grade Sports Offerings

Fall Season Dates: Sept. 5th-Oct. 27th

Register by Aug. 28th for:

- Track
- Boys Soccer
- Girls Soccer

Pre-Winter Season Dates: Nov. 6th-Jan. 19th

Register by Oct. 30th for:

- Floor Exercise & Dance (mornings)
- Boys Basketball

Winter Season Dates: Jan. 29th-Mar. 23rd

Register by Jan. 22nd for:

- Wrestling
- Girls Volleyball

Spring Season Dates: Apr. 9th-May 30th*

Register by Mar. 26th for:

- Cross Country
- Girls Basketball
- Football (*ends June 6th)

Q. What are practice and game times?

A. **Afternoon practice times are from 4:00-5:30 PM and morning practice times from 7:30-9:00 AM. Games and meets often extend longer. Parent/guardians must pick up on time to ensure student safety and so coaches can go home to their families. Game schedules are passed out and posted online the first week of each season.**

Q. What else is required for participation?

A. In addition to the above requirements, students participating in middle school athletics are expected to be in good academic and behavioral standing and attend all practices, games, and meets. Your coach will review these expectations with you and were also a part of the policies and procedures agreement parents and students read and signed off on as part of the online registration process.

Q. If I miss a due date can I still register?

A. Yes, but because middle school sports are open to all, completing registration requirements by the deadline allows us to see how many students are participating and how many coaches we need to hire and it is challenging finding coaches at the last minute. Also, you are required to participate in a specific number of practices in order to safely play in games or meets. Having all your paperwork and fees turned in on time allows you to participate! **While we won't turn away students who register late,** please aim towards honoring the due date so that we can provide the best possible program for all.

Q. Is transportation provided to and from practice? What about to and from games?

A. Transportation to and from practices is not be provided. Transportation to away games will be provided. A bus will also be available to bring students back to their home school after away games.

Activities and Athletics Registration Directions

We have a new online activities and athletics registration form within Skyward Family Access. Log in to Skyward using your Family Access login/password. Skyward login information was mailed home to **families at the end of the summer**. **If you need assistance with you log in, please contact your school's registrar or athletic secretary for support.** For questions related specifically to athletics and clubs, please **contact your school's ASB Secretary**. All links, schedules and directions are also on our website.

The registration process is to be completed with parent and student together:

1. Primary Guardian logs in to Skyward using the Family Access login/password.
2. Click on **Online Forms, Athletic Registration** and **Fill Out Form** which will open the registration packet to be completed by primary guardian and student.
 - Allow for time to read and understand important concussion and cardiac arrest awareness information as well as student athlete expectations per district policies and procedures.
 - Check and update health information and emergency contacts.
 - Submit electronic signatures verifying that primary guardian and student have provided accurate information and have read, understood and completed the registration packet process.
3. After completing the online registration packet, your student will need to be cleared each sports season by Ms. Bachman to ensure that they have a current sports physical on file, have paid the annual \$10 ASB card fee and are in good standing.

Clinics for Sports Physicals

The following clinics are reasonable and make every effort to get students in. If making an appointment, let them know if the season has started or is about to start and they will work with you to ensure your student starts on time. Bring Sports Physical Form with completed student information to the clinic.

Northwestern Clinic
1903 D St.
Bellingham, WA
Phone: (360) 734-9500
\$40 Cash
Call for appt.

Village Family Health
910 Harris Ave. #102
Bellingham, WA
Phone: (360) 734-2131
\$50 Cash/Credit
Walk-ins Welcome

For further questions or support, please feel free to contact:

Lacey Bachman
ASB Secretary
Kulshan Middle School
(360) 676-4886 ext. 4707



Michelle Abernathy
Assistant Principal
Kulshan Middle School
(360) 676-4886 ext. 4701