

# M.A.D. - H.O.P.E.

(Making A Difference - Helping Other People Everywhere)

## Youth Suicide Prevention Training

BECOME A TRAINER AND HELP PREVENT SUICIDE



REFRESHMENTS &  
LUNCH PROVIDED!

OPEN TO ADULTS  
& YOUTH 13+

**SATURDAY, DECEMBER 8TH  
9:00AM - 3:00PM**

**Brigid Collins Conference Room**

**Questions & Registration:**

**Please contact [madhope@wfcn.org](mailto:madhope@wfcn.org) or (360) 738-1196**

The training aims to reduce stigma, shatter myths, and empower individuals to support those dealing with suicidal ideation in our community. Workshop participants will learn tools to identify warning signs, communicate with compassion, and learn how to connect youth with support and resources.

