

Families-

Below are some local and online supports to help you with your LGBTQ+ or questioning student. Middle School is a time of growth and many students in middle school are figuring out who they are. These resources are just a few to help along the journey. Please feel free to reach out to Aaron or Jen if you have any questions or need more support.

Local:

Queer Youth Project, a program of Northwest Youth Services. The QYP supports young people and their care givers. <https://www.nwys.org/queer-youth-project>

Whatcom County PFLAG, a local chapter of friends, family, and LGBTQ people who gather to offer mutual support. <http://www.whatcompflag.org/>

Gender Diversity, Seattle based experts in supporting transgender and nonbinary young people and their families. <http://www.genderdiversity.org/>

Queer Youth Project (QYP) on Instagram @NWQueerYouthProject

Online:

GLSEN, a national organization researching and supporting experiences of LGBTQ in school. <https://www.glsen.org/>

Gender Spectrum, an online resource with a wealth of information for young people, families, and educators. <https://genderspectrum.org/>

Family Acceptance Project, a university based research project investigating the best ways for families to support LGBTQ young people. Lots of great pieces for guardians and people of faith as well as some resources in Spanish. <https://familyproject.sfsu.edu/family-videos>

The Trevor Project is an online resource and hotline, textline and chatline for LGBTQ young people who are in crisis, feeling suicide, or needing a safe, judgment-free space to talk. https://www.thetrevorproject.org/?gclid=CjwKCAjw_NX7BRA1EiwA2dpg0j5VeLsSIR-KtQ9JMkb8DmBEJs7fyebSc3-Ro-vmgL3LbzwylQuJhoCrQwQAvD_Bw